

SPG 2011-2012 FREE

Infant Class Topics Schedule

Subject to change

FALL 2011

September 8th- First Class, Lisa Vickers- Southwest Human Development

Class centers on teaching you to decipher your infant's cues.

September 22nd- Musicology

~~Musicology~~ *Musicology*

exposure to music plays an important role in wiring the brain for reading, math, language, social skills and learning. This will be a hands-on, interactive talk with demonstration of specific activities that enhance brain development and information about the benefits of music on brain development.

October 6th- Importance of Play, Victoria Hackett- Southwest Human Development

October 20th- Baby Food Basics by Mandy Gandhi, Physical Therapist

A mother relates her experience making homemade baby food, preparation, storage and a wealth of great tips!

November 3rd- Alicia Waddas- Safely in Mother's Arms-

Protecting mothers and children from dangers of predators, survival skills.

November 17th- Finger Foods by Mandy Gandhi, Physical Therapist

December 1st- Combined with Toddler Class, Instructor Jill Davis SPG Holiday Social

SPRING 2011

January 12th- Patti Phillips, New Directions Institute

Science of early brain development.

January 26th- Baby Sensory, Camea Lambrecht- See Jan 6th

February 9th- Musicology

Expansion on topics in September 22nd course.

February 23rd- Patti Phillips, New Directions Institute

Attention, bonding and communication.


March 22nd Developmental Milestones and Healthy Sleep Habits, Terian Johnston

Certified Newborn Care Specialist with over 10,000 hours of experience. Common sleep-related issues such as reflux, colic, sleep issues, and daily routine may be addressed in this important presentation.

April 5^h- Infant CPR, Sara Copolla of Nanny Poppinz-

Lifesaving! Learn the latest updates and be prepared for an emergency situation involving your baby.

April 19th- 2012-2013 SPG Preview Class.

Attend the Toddler Class and Meet your Instructor for 2012-2013 Toddler Class.  -wide playdate.